

Bereavement Websites

www.afsa.ab.ca Alberta funeral home association website. Offers assistance in locating a funeral home as well as some grief information.

www.centerforloss.com Books, articles and other resources to help people who are grieving.

www.griefnet.org Offers online e-mail support groups, provides information on a variety of topics, including: children, suicide, adults, widows, traumatic death, accidental death, homicide

www.griefwatch.com Created to provide you with bereavement resources, memorial products and links that can help you through your personal loss.

www.groww.org Offers message boards, resources and secure chat rooms for the bereaved by the bereaved.

www.informededmonton.com List of community resources in Edmonton, AB

www.virtualhospice.ca Information and Support for Loss and Grief

This is just the beginning of many on-line resources available to you. We hope that you find it a helpful starting point and encourage you to continue to explore resources that may help you as you live with the loss of your loved one.